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## Promoting safer and smarter journeys to school

**Together we can improve the health and lives of all our children.**



[www.milton-keynes.gov.uk/cycling](http://www.milton-keynes.gov.uk/cycling)



Secure cycle parking is available at school; be sure to use a good lock. Santander Bikes are available to hire near the school!

### Cycle parking

Cycling is a healthy way to travel to school; it's fast, free and FUN!



**...Car Sharing**  
Have you got seats to spare?  
Club together and Car Share  
Halve the queues and your fuel bill!  
Avoid congestion, and save time and money!

### Cycle safely

Before setting out, always remember to wear the appropriate kit and make sure you are visible and safe. Choose quiet roads where possible and take great care at all times.

### Bikeability Cycle Training

Levels 1 and 2 are available for children in years 5 & 6. The training is designed to give children the skills and confidence to ride their bikes on today's roads.



**Time to talk and get streetwise**  
Walking together is a great time to chat with parents and friends. Children get to know their local area and talk about the things they see on the way. They learn the skills they will need when they start going out independently and are better prepared. A 'Walking Bus' scheme is ideal for parents who might not have time to walk their children each day.

### Park & Stride...

If you live too far from school to walk all the way then why not 'Park & Stride'?

There are parking restrictions around the school, try parking in different places near the five or ten minute walking zone circles.

It's easier than searching for a parking space in the street outside the school and you won't be blocking the streets for residents.



Our STARS Travel Plan aims to make journeys to school safer and healthier for all.

We want fewer cars on the roads around school, which results in less congestion, pollution and improved safety.

This is important for the health and well-being of our children.

### How do we do this?

Our map shows walking zone circles – if you live within the 5 and 10 minute walking zone circles we ask that you please walk, cycle or scoot to school.

It won't take as long as you think!

Families coming from outside of the walking zones please consider if you can Park & Stride, or Car Share with other families.

**Active Travel – Why walk, cycle or scoot to school?**

Middleton Primary School is working towards becoming a Bronze Accredited school - a national award recognising our dedication to active travel.



Active children become active adults – teachers find that children who walk, scoot and cycle arrive at school more relaxed, alert and ready to learn. Even a short walk from a Park & Stride site gives children a good start to the day.



[www.milton-keynes.gov.uk/getsmartrtravelMK](http://www.milton-keynes.gov.uk/getsmartrtravelMK)



## Middleton Primary School's Active Travel Map

### Take the right path!

This map has been created by some of our year 5 pupils to help you discover enjoyable, healthy and smarter ways of getting to school.





# Travelling to Middleton Primary School

- KEY:**
- 5 minute walking zone
  - 10 minute walking zone
  - Bus stops
  - Bus routes/numbers
  - Parking restrictions
  - Redway – shared use
  - Footpath
  - School entrances
  - Santander Bike Docking Station

