



H HERITAGE SITE INFORMATION

Section 1
Furzton Lake to Lodge Lake (2.5 miles)

Furzton Lake constructed in the mid 1980s as one of the 'balancing lakes' – designed to hold floodwater during heavy rain – is now a valuable environment for wildlife. Site excavations revealed a settlement from the late Iron Age (around 1000BC).



Furzton Lake

Energy World (1986) was a pioneering construction project of 51 low-energy houses in the Shenley Lodge area. You can still see the Eco Home Round House, an unusual house with insulating earth banks and two-storey conservatory as well as the Solar Clock and Javelin Sundial.



Eco Home Round House

All Saints Church is the oldest surviving building in Loughton. The village was recorded in the Domesday Book of 1086 as *Lochintone*. Manor Farm is one of the oldest non-church buildings in MK. Dating from the early 1500s with later additions, the house was originally surrounded by a moat and is said to be haunted.



All Saints Church

The Green, once the centre of Little Loughton, a separate parish, retains a rural atmosphere, helped by the development of the Loughton Valley Park. Here also are the medieval fishponds.



Loughton Green

The National Badminton Centre is the training centre for England's top squads and also houses MK's newest museum (2006). Its collection is truly national in importance and includes medals, early racquets/battledores, shuttlecocks and a photographic and video archive.



National Badminton Centre

Lodge Lake is a popular park with visitors, who appreciate both the fishing and the chance to see wildlife such as herons, swans, little grebes or even kingfisher.



Lodge Lake

Refreshment Spot
Café at National Badminton Centre

H HERITAGE SITE INFORMATION

Section 2
Lodge Lake to Wolverton (2 miles)

Bradwell Abbey Site of 12th century Benedictine Priory with buildings including the 14th century Cruck Barn and Pilgrim's Chapel. 17th century farm buildings were added and the site is today managed by and is the home of the Milton Keynes City Discovery Centre.



Bradwell Abbey

The Concrete Cows (1978), a leaving present to Milton Keynes Development Corporation by artist in residence Liz Leyh. Vandalised, painted pink, had pyjama bottoms added, acquired 'mad cow' graffiti and a calf kidnapped for ransom.



Concrete Cows

Bancroft Roman Villa was discovered in 1971. Excavations showed that the villa was originally made up of a farmstead and other buildings. One of the mosaics from the house is on display in Queen's Court in the City Centre.



Bancroft Roman Villa mosaic

MK Museum was founded in 1973 by local volunteers collecting items from farms and factories that were closing with the development of Milton Keynes. Exhibits depict life from 1800 to the present day.



MK Museum

Refreshment Spot
MK Museum Granary Tearoom

The Phoenix is a new piece of artwork for Wolverton. The sculpture is a phoenix topping one of the Victorian cast iron station columns salvaged from the demolished station. Artist Tim Ward.



The Phoenix

The Methodist Church is one of several community and cultural buildings in this area of Wolverton, which includes MADCAP arts centre, the Old Market Halls (home of the Town Council and the Library) and the Old Bath House on Stratford Road (home of Living Archive - the Heritage and Arts organisation).



Methodist Church

Section 3

Wolverton to Old Wolverton (2.8 miles)

Wolverton railway station/depot was the reason for the development of Wolverton as a planned town in the 1830s. Halfway between London and Birmingham it was ideal for the servicing and refuelling of locomotives. Supplies to build the new railway town were transported by barge. **The Secret Garden** was formerly occupied by four 'villas' built by The London & Birmingham Railway Company in the 1840s. Demolished in the late 1960s the area has been developed into a community garden, opened 2005.



Wolverton Works (c1920)



Secret Garden

The Grand Union Canal, was built to link London with the industrial Midlands. One of the last sections to be completed was the crossing of the River Ouse at Wolverton with the Iron Trunk Aqueduct. **The Viaduct** was a Robert Stephenson structure for The London & Birmingham Railway Company, the first Company to link London to another major city. Built in 1838 of red brick with stone capping, it carries the railway line 50 feet above the River Ouse.



Iron Trunk Aqueduct



The Viaduct

Refreshment Spot
The Galleon



Old Wolverton the original Wolverton, named after the de Wolvertons who held the manor. Sites along the Ouse Valley include the Norman motte-and-bailey, remains of medieval village, the mill, the Old Vicarage and Wolverton House.



Wolverton House

Holy Trinity Church dates from the late 12th century, the first church in England to be built in the 'Reformed Norman' style. Set on the edge of Wolverton it is hidden from the modern town.



Holy Trinity Church

Refreshment Spot
Wolverton House



Section 4

Old Wolverton to Furzton Lake (13.7 miles)

Watling Street is the name given to an ancient trackway in England and Wales, the Romans paved the route and extended it through this area to Wroxeter. **Stony Stratford** located on Watling Street was an important staging post for mail and passenger coaches travelling between London and the North. Travellers staying at the two main coaching inns vied with each other in their stories and tales giving rise to the saying 'Cock and Bull' Story.



The Cock Hotel



Watling Street milestone

Refreshment Spots
The Cock / The Bull



Shenley Brook End, together with its neighbouring parish Shenley Church End and the districts of Shenley Wood and Shenley Lodge, are collectively known as 'The Shenleys'. The Church of St Mary dates back to the 11th century.



Shenley Church

Shenley Toot in 1239 AD was a motte-and-bailey castle, home to the family of Hugh, Earl of Chester. The earthworks that can be seen are probably the remains of an 18th century manor's gardens.



Shenley Toot

Refreshment Spot
Shenley Church Inn



Howe Park Wood is a small surviving patch of ancient woodland, broken up by early settling farmers and their grazing animals. Howe Park has been designated a Site of Special Scientific Interest for its wildlife value.



Picnic spot, Howe Park Wood

St Giles' Tattenhoe is a Grade II Listed Church from the 12th century within the Manor House site which itself is a Scheduled Ancient Monument. It is now surrounded by modern housing. Beyond the churchyard in the meadow is the site of the lost village of Tattenhoe.



St Giles' Church



Heritage Cycle Trails

Trail D Milton Keynes North West

Start: Furzton Lake
Distance: Full Route 21 miles, Short Route 8 miles
Duration: Full Route 4 - 5 hours, Short Route 1 1/2 - 2 hours
Note: Full route involves minor 30mph roads and trails near waterways and may not be suitable for children and/or inexperienced cyclists.



For 2008, Milton Keynes has revamped its three Heritage Cycle Trails A – C to be bigger and better than before. In addition, a brand new Trail D – North West Milton Keynes has been designed by a group of young volunteers supported by the Make a Difference Team. Trails start either at Willen or Furzton Lakes and take you around some of the magnificent scenery and hidden heritage that Milton Keynes has to offer. Additional Heritage Cycle Trails are planned for 2009, meanwhile, cycle, walk, jog or run and discover Milton Keynes for yourself.

Trail leaflets are available from Discover Milton Keynes, Silbury Boulevard, near door 7 of the centre:mk shopping centre, and local museums or libraries, or can be downloaded:
www.milton-keynes.gov.uk/cyclemk
www.destinationmiltonkeynes.co.uk



Destination Milton Keynes

MILTON KEYNES HERITAGE ASSOCIATION



Heritage Cycle Trail D – Milton Keynes North West

0 miles



3 miles

6 miles

9 miles

12 miles

15 miles

18 miles

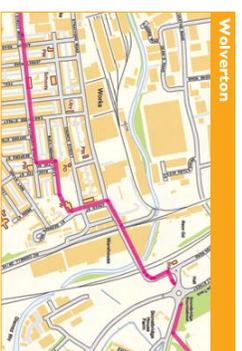


7. Continue following Stratford Road past Wolverton station, follow redway under Stonebridge roundabout to Newport Road in New Bradwell turning left at car park past allotments picking up NCR6.

8. Follow NCR6 through Ouse Valley Park alongside river crossing under Haverisham Road. Continue along route until fork on NCR6 continue on leisure route alongside Beck. Brook past Manor Farm to Grand Union Canal. Turn left follow canal to old Wolverton Road.

6. Through churchyard onto St George's Hall. Continue to double roundabout turn right onto Stratford Road to Secret Garden.

5. Continue along H2 redway, turn right into Wolverton following redway past allotments and cemetery at Wolverton outdoor pool turn right onto Aylesbury Street. Follow all way down street to turn left into The Square, turn right at Buckingham Street and follow down to St George the Martyr Church.



4. Continue through Bancroft Park crossing under H2 Millers Way turning right towards road and then right again towards Blue Bridge over railway and MK Museum. (Optional visit head up McConnell Drive for entrance).

3. At Bradwell Abbey follow trail to right under railway and left under H3 Monks Way past the Concrete Cows and Roman Villa. Follow Loughton Brook, then up and over wooden bridge into Bancroft Park.

2. Cross under H6 Childs Way into Loughton crossing little meadow turning left on redway following Ashpole Furlong. *Turn right into Tresham Court following trim trail round sports ground picking up NCR6. Head under H5 Forthway past Loughton Lodge lake under H4 Danstead Way into Wynbush under A5 up to Bradwell Abbey. *Short-cut route: jump to No 14. Turn left off Ashpole Furlong into Bradwell Road.

1. Start at Furzton Lake Motel complex and follow cycle route from lake, cross under H7 Chaffron Way into Shenley Lodge. Continue down Rutherford Gate turning right onto redway crossing under V4 Watling Street into Knowhill following redway left alongside V4 Watling Street.



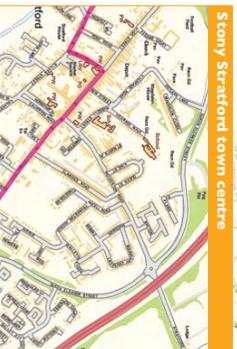
The Bull Inn

9. From The Gallean pub take leisure route through field (beaware of cows) to Holy Trinity C of E site. Continue then turn left onto route running along Great Ouse River follow all the way alongside Mill Race crossing under A5.

10. Continue route through Ouse Valley wildlife conservation park crossing under London Road. Follow route round Tomb Meadows, turn left onto pathway joining up with Mill Lane. Turn left onto Church Street, then right onto High Street to enter Stony Stratford.

11. Follow High Street onto London Road past cemetery picking up redway and crossing under V4 Watling Street and under H1 Ridgeway into Fulmers Slide. Continue following redway alongside V4 Watling Street crossing under H2 Millers Way into Kilm Farm past Sikh temple.

12. Continue following redway crossing over H3 Monks Way into Two Mile Ash and crossing over the High Street. Continue following redway past allotments alongside V4 Watling Street crossing under H4 Danstead Way into Great Holm and turning right following redway along Watling Street.



Stony Stratford town centre

13. Continue along redway past fire station crossing under H3 Forthway into Loughton. Continue following redway alongside V4 Watling Street joining London Road then turning right at cross-section under V4 Watling Street into Shenley Church End.

14. Turn left after going under bridge alongside V4 Watling Street crossing over Burcharth Crescent and along Fortescue Drive. Continue up to roundabout, follow redway down Rigott Drive past school then turn right onto narrow pathway towards St. Mary's 12th century church.

15. Turn left onto Tattershall Close, right onto Oakhill Road left onto Holythorn Lane, right onto leisure route and follow under V3 Fulmer Street into Shenley Wood. Turn left following route alongside V3 Fulmer Street under H6 Childs Way into Shenley Brook End.

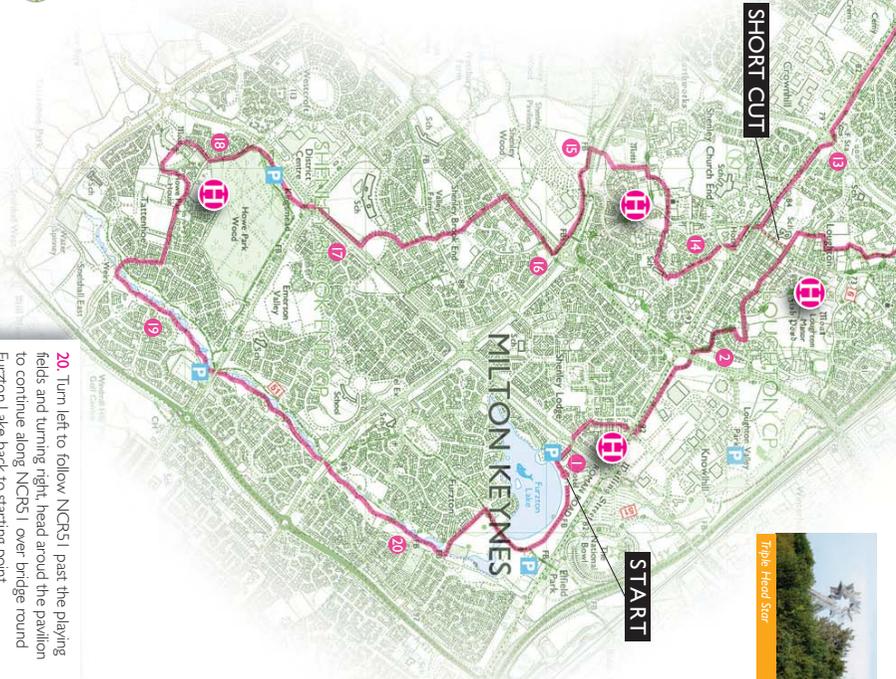
16. Turn right on redway alongside H6 Childs Way crossing over Burdeley's Lane. Continue along redway to turn left and follow redway through Shenley Brook End over Garthwaite Crescent through local park along Whaddon Road. Follow redway along Wallinger Drive.

17. Continue following redway alongside H7 Chaffron Way crossing under Westcroft roundabout into Home Park Wood. Turn right following alongside H7 turning left onto redway crossing Hengistbury Lane, follow redway turn left into church car park. Go through gate.

18. Take path past St. Giles' Church across the heathland to Langrey Green. Turn right onto redway into Tattenhooes, passing down St Ives Crescent before turning right down Hartland Drive. At mini island turn left over bridge and left again to follow Tattenhoe Brook.

19. Picking up NCR51 crossing under V2 Tattenhoe Street continue following NCR51 alongside brook through Emerson Valley under V3 Fulmer Street into Furzton following the route along Loughton Brook.

20. Turn left to follow NCR51 past the playing fields and turning right, head around the pavilion to continue along NCR51 over bridge round Furzton Lake back to starting point.



Thee Head Sid



NCR = National Cycle Route



MAD offers 13-25 year olds high quality, diverse volunteering opportunities in an inclusive, supportive and inspiring environment across a wide variety of areas.



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